

**Sample packing list**

- ✓ Shoes suitable walking and riding with thick socks
- ✓ Lightweight shoes
- ✓ Warm jacket and pillowed
- ✓ Trousers suitable for riding
- ✓ Long sleeved shirt
- ✓ T-shirt
- ✓ Shorts
- ✓ Gloves
- ✓ Waterproof clothing: trousers, top
- ✓ Woolen hat
- ✓ Sun hat
- ✓ Sun glasses
- ✓ Camera and spare film batteries
- ✓ Torch and batteries for camping head
- ✓ Water bottles
- ✓ Matches
- ✓ Plastic bags in order to protect your items from moisture
- ✓ Photocopy of your passport and other important documents
- ✓ Four season sleeping bag, liner
- ✓ Mosquito cream
- ✓ Common antibiotics
- ✓ Lip balm
- ✓ Tissues
- ✓ Pills for anti-diarrhea, constipation, stomach upset, headache and other like sunburn, skin irritation.